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What is Chakra-Sound Tuning fork Sound Therapy?

Chakra-Sound tuning fork therapy uses vibratory and sound energy to unblock and rebalance the Chakras located within the human body.

There are seven major Chakra energy centres' within the body. They are located in certain positions on the front and back of the spinal column, and are aligned vertically up and down the spine.

Chakra literally translates from the Hindi language as 'Wheel of spinning energy'.

Each wheel has its own

- Colour
- Emotion
- Relationship to organs
- Vibrates to a musical tone

As well as connecting with the physical body, each Chakra has a corresponding psychological and emotional correlation.



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The Treatment

The forks are sounded together (rung together in pairs) by tapping lightly against each other, in combinations selected by the client using standard Kinesiology muscle tests.

The tuning forks use:

- Resonating multiple overtone sound energy

Combined with the therapists own transmission of conducting healing energy.

The tuning forks can unblock and release the many different types of stress that can be stored within the various circuits of the body.

They can be used for any type of energy imbalance that may exist on both the physical and metaphysical levels, stimulating natural innate healing processes.

They are suitable for working with adults and children alike and have no contra indications.



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Benefits of Chakra-Sound Tuning fork Therapy

- Clear Chakras and vortices of energy blockages
- Balance energy dysfunctions within the body
- Balance the Aura
- No contra indications
- Aids tinnitus
- Improve organ functionality and the Endocrine glandular systems
- Helps to bring the body back to a harmonic resonance pattern
- Promotes stress relief
- Improves sleep
- Improves the Bio-Energetic, Bio-Chemical, and Bio-Logical elements within the body

- *Vibratory sound energy has long been known to be a potent source of healing therapy.*

Sound and frequency are now recognised and used in a wide range of applications within the fields of conventional and complementary medicine.